

Creamy Butternut Pasta with Sage*

Servings: 4

Ingredients:

2 tablespoons olive oil

4 oz. pancetta, chopped

1 tablespoon finely chopped fresh sage

2 pounds butternut or kabocha squash, peeled, seeded, and cut into small ½-inch pieces (about 3 cups)

1 medium yellow onion, chopped

2 garlic cloves, pressed or chopped

% teaspoon red pepper akes (up to ¼ teaspoon for spicier pasta sauce)

Salt

Freshly ground black pepper

2 cups chicken broth

12 ounces whole grain linguine or fettucine

Optional additional garnishes: shaved

Parmesan or Pecorino

Directions:

- 1. Warm the oil in a large skillet over medium-high heat. Add the pancetta, reduce the heat to medium and sauté for 8 to 10 minutes. Add the sage and toss to coat. Let the sage get crispy before transferring it to a small bowl with a slotted spoon. Sprinkle it lightly with salt and set the bowl aside.
- 2. Add the squash, onion, garlic and red pepper flakes to the skillet. Season with salt and pepper. Cook, stirring occasionally, until the onion is translucent, about 8 to 10 minutes. Add the broth. Bring the mixture to a boil, then reduce the heat and simmer until the squash is soft and the liquid is reduced by half, about 15 to 20 minutes.
- 3. In the meantime, bring a large pot of salted water to a boil and cook the pasta until al dente according to package directions, stirring occasionally. Reserve 1 cup of the pasta cooking water before draining.
- 4. Once the squash mixture is done cooking, remove it from the heat and let it cool slightly. Transfer the contents of the pan to a blender but keep the skillet handy. Purée the mixture until smooth (beware of hot steam escaping from the top of the blender—I like to put a dish towel over the top and open the blender a bit to release pressure), then season with salt and pepper until the flavors sing.
- 5. In the reserved skillet, combine the pasta, squash purée and ¼ cup cooking liquid. Cook over medium heat, tossing and adding more pasta cooking water as needed, until the sauce coats the pasta, about 2 minutes. Season with more salt and pepper if necessary.

Serve the pasta in individual bowls topped with fried sage, more black pepper and shaved Parmesan/Pecorino and/or smoked salt, if desired.

*You can easily make this vegan by eliminating the pancetta and using veggie broth and foregoing the cheese. You could try nutritional yeast flakes instead.