

Carrot Salad with Balsamic Vinegar

Serves 2

Ingredients:

- 1 carrot
- 2 Tablespoons olive oil
- 1 Tablespoon balsamic vinegar
- 1 teaspoon honey
- 2 pinches salt
- 1 bunch parsley
- 1 piece garlic
- 1 pinch pepper

Directions:

1. Shred carrot and chop parsley
2. Dressing: Mix olive oil, balsamic vinegar, honey, salt, pepper, grated garlic and parsley
3. Mix carrot and dressing