

Simple Easy Salad Dressing

Ingredients:

1 whole clove garlic, peeled
1/4 cup balsamic vinegar, or lemon juice, red wine vinegar, flavored vinegar, etc
1/2 cup extra-virgin olive oil
Fresh herbs to taste such as thyme, rosemary, dill, etc.
1/4 teaspoon sea salt
1/8 teaspoon freshly ground black pepper

Directions:

Smash the garlic clove with the back of a knife. Add garlic to the other ingredients in a jar or other airtight container. Cover, shake well and serve. Store in the refrigerator for up to 1 week.

Tip: Change the acid and the herbs to change up the flavor. For example, you could use lime instead of vinegar or lemon juice, add some cumin and cilantro.